January Lunch

MONDAY

1/8) One Hamburger, 1/2 Cup of Baked Beans, 1/4 Cup of Carrots, 1/2 Cup of Fruit Medley and One Cup of Milk.

1/15)

NO SCHOOL

1/22) One Sloppy Joe, 1/2 Cup of Baked Beans, 1/2 Cup of Watermelon and One Cup of Milk.

1/29) 6oz of Macaroni and Cheese, One Dinner Roll,1/2 Cup of Green Beans,1/4 Cup of Baby Carrots,1/2 Cup of Diced Peaches and One Cup of Milk.

TUESDAY

1/9) 3.6oz of Mandarin Orange Chicken, 1/2 Cup of Whole Grain Fried Rice, One Egg Roll, 1/2 Cup of Fruit Salad and One Cup of Milk.

1/16) One Hotdog with Ketchup and Mustard, 1/2 Cup of French Fries, 1/2 Cup of Steamed Carrots, One Apple an One Cup of Milk

1/23) One Grilled Chicken Sandwhich with One Slice of Lettuce and Tomato, 1/2 Cup of Steamed Broccoli, 1/4 Cup of Baby Carrots, 1/4 Cup of Fruit Cocktail and One Cup of Milk.

1/30) One Popcorn Chicken Bowl with Mashed Potatoes, Gravy and Corn, 1/2 Cup of Grapes and One Cup of Milk.

WEDNESDAY

1/10) One Bean and Cheese Burrito with 2tbsp of Mild Salsa, 1/4 Cup of Lettuce and 1/8 Cup of Tomato Garnish, 1/2 Cup of Cucumbers, 1/2 Cup of Orange Slices and One Cup of Milk.

1/17) Four Chicken
Nuggets, One Dinner Roll,
1/2 Cup of Green Beans, 1/2
Cup of Cucumber Slices, 1/2
Cup of Strawberries and
One Cup of Milk

1/24) One Hamburger, 1/2 Cup of French Fries, 1-1/4 Cup of Salad with Ranch Dressing, 1/2 Cup of Pears and One Cup of Milk.

1/31) Two Chicken Tacos with 2tbsp of Salsa, 1/4 Cup of Lettuce and 1/8 Cup of Tomato Garnish, 1/2 Cup of Refried Beans, 1/2 Cup of Mixed Berries and One Cup of Milk.

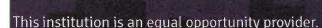
THURSDAY

1/11) One Grilled Chicken Sandwhich with Ketchup, Mustard and Mayonnaise, 1/2 Cup of Steamed Broccoli, 1/4 Cup of Carrots, 1/2 Cup of Diced Peaches and One Cup of Milk.

1/18) 3/4 Cup of Spaghetti with 1/2 Cup of Meat Balls, One Whole Grain Garlic Bread, 1/2 Cup of Steamed Broccoli, One Apple and One Cup of Milk.

1/25) One Bean and Cheese Burrito with 2tbsp of Mild Salsa, 1/4 Cup of Lettuce and 1/8 Cup of Tomato Garnish, 1/2 Cup of Steamed Corn, One Cup of Spanish Rice, One Apple and One Cup of Milk

2/1) Four Chicken Nuggets, One Dinner Roll, 1/2 Cup of Green Beans, 1/2 Cup of Cucumber Slices, 1/2 Cup of Strawberries and One Cup of Milk



January Breakfast

2024 HAPPY NEW YEAR

MONDAY

1/8) One Breakfast Burrito with 2tbsp of Mild Salsa, 1/4 Cup of Pineapple, One Juice Box and One Cup of Milk.

1/15)

NO SCHOOL

1/22) One Cinnamon Crisp with 3/4 Cup of Fruit Salad, 1/4 Cup of Peaches and One Cup of Milk.

1/29) Two Whole Grain Pancakes with Syrup, 1/2 Cup of Cinnamon Apple Slices, 1/2 Cup of Grapes and One Cup of Milk.

TUESDAY

1/9) Four French Toast Sticks, One String Cheese, One Cup of Diced Peaches, One Juice Box and One Cup of Milk.

1/16) Two Waffles with Syrup, 1/2 Cup of Strawberries, 1/2 Cup of Applesauce and One Cup of Milk.

1/23) One Whole Grain Bagel with Cream Cheese, One Juice Box, 1/2 Cup of Pears and One Cup of Milk.

1/30) One Slice of Whole Grain Toast, One Cup of Scrambled Egg, One Apple, One Juice Box and One Cup of Milk.

WEDNESDAY

1/10) One Slice of Whole Grain Toast, One Cup of Scrambled Egg, One Apple, One Juice Box and One Cup of Milk.

1/17) One Toasted English Muffin with Peanut Butter, One Apple, 1/2 Cup of Strawberries and One Cup of Milk

1/24) One Blueberry Muffin, One Mozzarella String Cheese, One Juice Box, 1/2 Cup of Orange Slices and One Cup of Milk.

1/31) One Breakfast Burrito with 2tbsp of Mild Salsa, One Juice Box, 1/2 Cup of Watermelon and One Cup of Milk

THURSDAY

1/11) One Cup of Cold Cereal, One Blueberry Muffin, One String Cheese, One Apple, One Juice Box and One Cup of Milk.

1/18) One Breakfast Burrito with 2tbsp of Mild Salsa, One Juice Box, 1/2 Cup of Watermelon and One Cup of Milk

1/25) One Cup of Cold Cereal, One Pack of Honey Graham Crackers, One Cup of Cantaloupe and One Cup of Milk.

2/1) Four French Toast Sticks, One String Cheese, One Cup of Diced Peaches, One Juice Box and One Cup of Milk.

This institution is an equal opportunity provider.

Menu subject to change without notice