

February Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

(2/5) One Cinnamon Crisp, 3/4 Cup of Fruit Salad, 1/4 Cup of Diced Peaches and One Cup of Milk.

(2/6) One Cold Cereal, One Pack of Honey Graham Crackers, One Cup of Cantaloupe and One Cup of Milk.

(2/7) Two French Toast Sticks and One Syrup, One Juice Box, 1/2 Cup of Blueberries and One Cup of Milk.

(2/8) One Breakfast Burrito with 2Tbsp of Mild Salsa, One Apple, 1/2 Cup of Orange Slices and One Cup of Milk.

(2/12) Two Whole Grain Pancakes and Syrup, 1/2 Cup of Cinnamon Apple Slices, 1/2 Cup of Grapes and One Cup of Milk.

(2/13) One (1.9oz) Blueberry Muffin, One Mozzarella String Cheese, One Juice Box, 1/2 Cup of Orange Slices and One Cup of Milk.

(2/14) One Egg and Sausage Sandwich, 1/2 Cup of Pineapple Tidbits, 1.5oz of Craisins and One Cup of Milk.

(2/15) One Cold Cereal, One Mozzarella String Cheese, 1/2 Cup of Diced Peaches, One Apple and One Cup of Milk.

NO SCHOOL

(2/20) One Toasted English Muffin with Peanut Butter, One Apple, 1/2 Cup of Blueberries and One Cup of Milk.

(2/21) One Breakfast Burrito with 2Tbsp of Mild Salsa, One Juice Box, 1/2 Cup of Watermelon and One Cup of Milk.

(2/22) One Cinnamon Crisp, 3/4 Cup of Fruit Salad, 1/4 Cup of Diced Peaches and One Cup of Milk.

(2/26) One Cinnamon Crisp, 3/4 Cup of Fruit Salad, 1/4 Cup of Diced Peaches and One Cup of Milk.

(2/27) One Cold Cereal, One Pack of Honey Graham Crackers, One Cup of Cantaloupe and One Cup of Milk.

(2/28) Two French Toast Sticks and One Syrup, One Juice Box, 1/2 Cup of Blueberries and One Cup of Milk.

(2/29) One Breakfast Burrito with 2Tbsp of Mild Salsa, One Apple, 1/2 Cup of Orange Slices and One Cup of Milk.

February Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

(2/5) Two Cheese Stuffed Breadsticks with Marinara Sauce, One Cup of Caesar Salad, One Apple and One Cup of Milk.

(2/6) One Turkey Soft Taco, 1/2 Cup of Refried Beans, One Apple and One Cup of Milk.

(2/7) One Hot Ham & Cheese Sandwich, One Cup of Tomato Soup, 1/2 Cup of Celery Sticks & Ranch Dressing, 1/2 Cup of Diced Peaches and One Cup of Milk.

(2/8) One Chicken Drumstick, One Dinner Roll, 1/2 Cup of Mashed Potatoes & 2floz of Chicken Gravy, 1/4 Cup of Carrots, 1/2 Cup of Applesauce and One Cup of Milk.

(2/12)
TAKE-A-KID-FISHING
FIELD TRIP

(2/13) Four Chicken Nuggets, One Dinner Roll, 1/2 Cup of Green Beans, 1/2 Cup of Cucumbers, 1/2 Cup of Blueberries and One Cup of Milk.

(2/14) 3/4 Cups of Spagetti with 1/2 Cups of Meatballs, One Whole Grain Bread Stick, 1/2 Cup of Steamed Broccoli, One Apple and One Cup of Milk.

(2/15) One Sloppy Joe Sandwich, 1/2 Cup of Baked Beans, 1/2 Cup of Watermelon and One Cup of Milk.

NO SCHOOL

(2/20) One Cheese Pizza, One Cup of Caesar Salad, 1/4 Cup of Vegetables, 1/4 Cup of Fruit Cocktail and One Cup of Milk.

(2/21) One Hamburger with One Serving of Assorted Condiments, 1/2 Cup of Baked Beans, 1-1/4 Cup of Salad with Ranch Dressing, 1/2 Cup of Diced Pears and One Cup of Milk.

(2/22) One Grilled Chicken Sandwich with One Serving of Assorted Condiments, One Slice of Lettuce & Tomato, 1/2 Cup of Steamed Broccoli, 1/2 Cup of Baby Carrots, 1/2 Cup of Fruit Cocktail and One Cup of Milk.

(2/26) Two Cheese Stuffed Breadsticks with Marinara Sauce, One Cup of Caesar Salad, One Apple and One Cup of Milk

(2/27) One Turkey Soft Taco, 1/2 Cup of Refried Beans, One Apple and One Cup of Milk.

(2/28) One Hot Ham & Cheese Sandwich, One Cup of Tomato Soup, 1/2 Cup of Celery Sticks & Ranch Dressing, 1/2 Cup of Diced Peaches and One Cup of Milk.

(2/29) One Chicken Drumstick, One Dinner Roll, 1/2 Cup of Mashed Potatoes & 2floz of Chicken Gravy, 1/4 Cup of Carrots, 1/2 Cup of Applesauce and One Cup of Milk.